

Swimming Pool Timetable

	07:30-08:30	09:00-10:00	10:30-11:30	12:00-13:00	13:30-14:30	14:30-15:15	15:00-16:00	19:30-20:15	20:30-21:15				
Monday	Lane Swimming	Quiet Swimming	Lane Swimming B				Lane B swimming		Leisure Swim	Lane Swimming			
Tuesday													
Wednesday				Lane B swimming	Lane B swimming	Lane B swimming							
Thursday				Lane B swimming									
Friday				Lane B swimming									
Saturday				Leisure Swim	Family Swim	Family Swim	Family Swim						
Sunday													

B Baby pool available for public hire

Fitness Suite Timetable

Monday - Friday	07:15-08:45	09:15-10:45*	11:15-12:45	13:15-14:45	15:15-16:45	17:15-18:45	19:15-20:45
Saturday - Sunday		09:15-10:15	10:45-11:45	12:45-13:15	13:45-14:45		

*No public access on Monday's

What you need to know:

Lane Swim: 12 swimmers max during this session (3 swimmers per lane)

Family Swim: 1 lane per family, max of 6 swimmers per booking (includes babies & children) One household per booking.
Pool ratios apply. The baby pool will be available for use during this session at lifeguard discretion.

Leisure Swim: Both lane and family swim available. (see above for numbers)

Quiet Swim: Designed for swimmers who, because of COVID-19 have not felt comfortable returning to swimming. (2 swimmers per lane)

Baby Pool Hire: Available to one family at a time. Max of 2 Adults. For baby & pre-primary age children & their adults only. Pool ratios apply