



Monday & Tuesday

Fitness Suite		07:45 – 08:45	Deep clean		10:30-11:30	Deep clean		13:30 – 14:30	Deep Clean		16:15-17:15	Deep Clean	17:45-18:45	Deep Clean	19:15 – 20:15	Deep Clean	
Swimming pool		07:30–08:30 Lane Swim	Deep clean		10:00–11:00 Lane Swim	Deep Clean		13:00-14:00 Lane Swim	Deep Clean		16:30-17:30 Leisure Swim	Deep Clean	18:00-19:00 Leisure & Lane Swim	Deep Clean	19:30-20:30 Leisure & Lane Swim	Deep Clean	
Baby Pool				X1 Family	Deep Clean		X1 Family	Deep Clean									

Wednesday - Friday

Fitness Suite		07:45 – 08:45	Deep clean		10:30-11:30	Deep clean		13:30 – 14:30	Deep Clean		15:45-16:45	Deep Clean	17:15-18:15	Deep Clean	18:45-19:45	Deep Clean	20:15-21:15	Deep Clean
Swimming pool		07:30–08:30 Lane Swim	Deep clean		10:00–11:00 Lane Swim	Deep Clean		13:00-14:00 Lane Swim	Deep Clean		16:00-17:00 Leisure Swim	Deep Clean	17:30-18:30 Leisure & Lane Swim	Deep Clean	19:00-20:00 Leisure & Lane Swim	Deep Clean		
Baby Pool				X1 Family	Deep Clean		X1 Family	Deep Clean										

Saturday & Sunday

Fitness Suite		09:15-10:15	Deep clean	10:45-11:45	Deep Clean	12:15-13:15	Deep Clean	13:45-14:45	Deep Clean
Swimming pool		09:00-10:00 Leisure & Lane Swim	Deep Clean	10:30-11:30 Leisure Swim	Deep Clean	12:00-13:00 Leisure Swim	Deep Clean	13:30 – 14:30 Leisure & Lane Swim	Deep Clean

Lane Swimming: During this session 4 lanes will be available for adult lane swimming. 4 Adults to a lane. 1Fast, 2 Medium, 1Slow lane available.

Leisure & Lane swimming: During this sessions 3 lanes will be available for adult lane swimming and one lane available for 1x family bubble swimming.

Leisure Swim: During this session 4 lanes will be available, 1 lane per family bubble, max of 6 people – includes babies & children. Adults/children 12+ should adhere to social distancing. Pool ratios apply.

Baby Pool Hire: During baby hire sessions this area will be limited to one family at a time, pool ratios apply. These sessions are limited to baby, toddler & preschool ages and their gown ups.



A responsible adult over the age of 16 may accompany one child under the age of four.



A responsible adult over the age of 16 may accompany two children between the ages of four and eight.



A competent swimmer over the age of 8 years may swim unaccompanied.

To book or find out more please contact reception on 01877 330000. Terms and conditions of bookings apply and available at time of booking. Spaces are limited and no drop in sessions are available.