

Public Swimming Timetable 22nd Feb 2020 - 5th April 2020

	Centre opening: Monday-Friday 07:30-21:00 (22:00 Tuesday)				Saturday-Sunday 08:00-17:00			Please see individual public session times below.					
Mon	Lane Swim 07:30-09:00	Public 09:00-12:30				Public 13:20-14:10		Public 15:00-16:00		Half Public 18:15-19:00	Public 19:00-20:00	Ladies Only 20:00-21:00	Closed
Tues	Lane Swim 07:30-09:00	Public 09:00-09:45 ☆	Public 10:35-11:40 ☆			Public 13:20-16:00 ☆			Half Public 17:30-18:15	Public 18:15-19:00	Public & Aquacise 19:00-20:00	Public 20:00-22:00	
Wed	Lane Swim 07:30-09:00	Public 09:00-12:50				Public 13:40-17:00				Half Public 18:30-19:15	Public 19:15-21:00	Closed	
Thurs	Lane Swim 07:30-09:00	Public & Aqua Therapy 09:00-10:00	Public 10:00-12:00			Public 14:30-16:00			Half Public 18:15-19:00	Public 19:00-21:00		Closed	
Fri	Lane Swim 07:30-09:00	Public 09:00-09:30		Public 12:00-14:30					Spike Island * 19:30-21:00		Closed		
Sat		Lane Swim 08:00-10:00	Half Public 10:00-11:00	Public 11:00-17:00**				Closed					
Sun		Lane Swim 08:00-10:00	Public 10:00-17:00**					Closed					

☆ On Tuesday 31st March 2020. There will be no public swimming sessions 09:00 - 16:00 for a private booking.

Timetable subject to change at short notice for private bookings. Please call 01877 330 000 for updates. Sauna and steam room available at public times shown above.

* Spike Island: All users must be aged 8-15 years and able to swim 20m without buoyancy aids or assistance.

** From time to time private party bookings will take place on sat/sun 12:00-13:00 leaving half the pool for public swimming.



A responsible adult over the age of 16 may accompany one child under the age of four.



A responsible adult over the age of 16 may accompany two children between the ages of four and eight.



A child aged 8+ years, who is a competent swimmer, may swim unaccompanied during public sessions.