

Public Swimming Timetable 11th April - 28th June 2019

	Centre opening: Monday-Friday 07:30-21:00 (22:00 Tuesday)				Saturday-Sunday 08:00-17:00				Please see individual public session times below.			
Mon	Lane Swim 07:30-09:00	Public 09:00 -10:00	Primary School Swimming * 10:00-12:00	Public 12:00 - 13:00	Primary School Swimming * 13:00-15:00	Public 15:00-16:00	Lessons 16:00-18:15	Half Public 18:15-19:00	Public 19:00-20:00	Ladies Only 20:00-21:00	Closed	
Tues	Lane Swim 07:30-09:00	Public 09:00 -10:00	Primary School Swimming ** 10:00-12:00	Public 12:00 - 13:00	Primary School Swimming ** 13:00-15:00	Public 15:00-16:00	Lessons 16:00-17:30	Half Public 17:30-19:00	Public Swimming 19:00-22:00			
Wed	Lane Swim 07:30-09:00	Half Public 09:00 - 10:00	Public Swimming 10:00 - 17:00					Lessons 17:00-18:30	Half Public 18:30-19:15	Public 19:15 - 21:00	Closed	
Thurs	Lane Swim 07:30-09:00	Public Swimming 09:00-12:00		Lessons 12:00 - 13:30	Public Swimming 13:30-16:00		Lessons 16:00-18:15	Half Public 18:15-19:00	Public 19:00 - 21:00	Closed		
Fri	Lane Swim 07:30-09:00	Public 09:00 - 10:00	Lessons 10:00-11:30	Public Swimming 11:30 - 15:30			Lessons 15:30-19:00	Spike Island*** 19:30 - 21:30		Closed		
Sat	Lane Swimming 08:00-10:00		Half Public 10:00-11:00	Public Swimming 11:00 - 17:00				Closed				
Sun	Lane Swimming 08:00-10:00		Public Swimming 10:00 - 17:00				Closed					

Timetable subject to change at short notice for private bookings. Please call 01877 330 000 for updates.

Sauna and steam room available at public times shown above.

* 01.04.19 - 05.04.19. Only half of the pool will be available for public use on these dates. 10:00-11:00 & 14:00-15:00

**Spike Island: Friday 19:30-20:30 Primary school (8+), 20:30-21:30 High school (under 15)
All users must be aged 8-15 years and able to swim 20m without buoyancy aids or assistance.

*** Pool party hire. Please note that our pool parties run sat/sun 12:00-13:00. During this time ½ of the pool will be unavailable for public swimming.

Swimming pool admissions policy



A responsible adult over the age of 16 may accompany one child under the age of four.



A responsible adult over the age of 16 may accompany two children between the ages of four and eight.



A child aged 8+ years, who is a competent swimmer, may swim unaccompanied during public sessions.