

# Public Swimming Timetable 11<sup>th</sup> April - 28<sup>th</sup> June 2019

	Centre opening: Monday-Friday 07:30-21:00 (22:00 Tuesday)				Saturday-Sunday 08:00-17:00			Please see individual public session times below.					
Mon	Lane Swim 07:30-09:00	Public 09:00-10:00	*		Public 12:00-13:00	*		Public 15:00-16:00		Half Public 18:15-19:00	Public 19:00-20:00	Ladies Only 20:00-21:00	Closed
Tues	Lane Swim 07:30-09:00	Public 09:00-10:00	*		Public 12:00-13:00	*		Public 15:00-16:00		Half Public 17:30-19:00	Public 19:00-22:00		
Wed	Lane Swim 07:30-09:00	Half Public 09:00-10:00	Public 10:00-12:50				Public 13:40-17:00				Half Public 18:30-19:15	Public 19:15-21:00	Closed
Thurs	Lane Swim 07:30-09:00	Public 09:00-12:00				Public 13:30-16:00				Half Public 18:15-19:00	Public 19:00-21:00		Closed
Fri	Lane Swim 07:30-09:00	Public 09:00-10:00		Public 11:30-15:30						Spike Island *** 19:30-21:30		Closed	
Sat		Lane Swim 08:00-10:00	Half Public 10:00-11:00	Public 11:00-17:00					Closed				
Sun		Lane Swim 08:00-10:00	Public 10:00-17:00					Closed					

**Timetable subject to change at short notice for private bookings. Please call 01877 330 000 for updates.**

Sauna and steam room available at public times shown above.

\* School sessions start on Tuesday 23<sup>rd</sup> April. Public swimming sessions on 15.04, 16.04 & 22.04

\*\*Spike Island: Friday 19:30-20:30 Primary school (8+), 20:30-21:30 High school (under 15)

All users must be aged 8-15 years and able to swim 20m without buoyancy aids or assistance.

## Swimming pool admissions policy



A responsible adult over the age of 16 may accompany one child under the age of four.



A responsible adult over the age of 16 may accompany two children between the ages of four and eight.



A child aged 8+ years, who is a competent swimmer, may swim unaccompanied during public sessions.