

Public Swimming Timetable 22nd Feb 2020 - 5th April 2020

Centre opening: Monday-Friday 07:30-21:00 (22:00 Tuesday)		Saturday-Sunday 08:00-17:00				Please see individual public session times below.		
Mon	Lane Swim 07:30-09:00	Public 09:00-12:30	Public 13:20-14:10	Public 15:00-16:00	Public 18:15-19:00	Public 19:00-20:00	Ladies Only 20:00-21:00	Closed
Tues	Lane Swim 07:30-09:00	Public 09:00-12:30 Public 10:35-11:40 ☆	Public 13:20-16:00 ☆		Half Public 17:30-18:15	Public 18:15-19:00	Public & Aquatics 19:00-20:00	Public 20:00-22:00
Wed	Lane Swim 07:30-09:00	Public 09:00-12:50		Public 13:40-17:00		Half Public 18:30-19:15	Public 19:15-21:00	Closed
Thurs	Lane Swim 07:30-09:00	Public 10:00-12:00		Public 14:30-16:00	Half Public 18:15-19:00	Public 19:00-21:00		Closed
Fri	Lane Swim 07:30-09:00		Public 12:00-14:30				Spike Island * 19:30-21:00	Closed
Sat		Half Public 10:00-11:00	Public 11:00-17:00**			Closed		
Sun		Lane Swim 08:00-10:00	Public 10:00-17:00**			Closed		



On Tuesday 31st March 2020. There will be no public swimming sessions 09:00 - 16:00 for a private booking.

Timetable subject to change at short notice for private bookings. Please call 01877 330 000 for updates. Sauna and steam room available at public times shown above.

* Spike Island: All users must be aged 8-15 years and able to swim 20m without buoyancy aids or assistance.

** F from time to time private party bookings will take place on sat/sun 12:00-13:00 leaving half the pool for public swimming.



A responsible adult over the age of 16 may accompany one child under the age of four.



A responsible adult over the age of 16 may accompany two children between the ages of four and eight.



A child aged 8+ years, who is a competent swimmer, may swim unaccompanied during public sessions.



Feb 22- April 5 2020

Cafe Opening

Monday - Friday 10:00-18:00
Saturday & Sunday 09:00-16:00

Opening Times

Weekends 08:00-17:00
Monday- Friday 07:30-21:00
(Late Night Tuesday till 22:00)

Swimming Times
Memberships
Price List

Junior Activities
Adult Classes

Soft Play Opening

Monday - Friday 09:00-20:00
Saturday & Sunday 09:00-17:00



Membership Options

Both direct debit and one month passes are available for the following memberships. One month passes have an additional fee of £5.50 on top of the prices shown below. A payment will be required at the time of application for both of these memberships. Please contact reception for more details.

	Adult	Junior	Couple	Family
Swimming	£17.50	£11.30	£27.80	£40.30
Fitness Suite	£25.75		£41.20	
Climbing Wall	£20.80	£11.70	£32.50	£44.20
Gym & Swim	£34.50		£52.00	
Swim & Climb	£30.70	£18.50	£49.00	£67.00
Gym & Climb	£38.60		£56.00	
Gym, Swim & Climb	£44.00		£68.00	

Woodland Kingdom - Soft Play Membership

The woodland kingdom soft play provides a wonderful woodland experience for children of ages 0 -8 years, designed to stimulate the imagination and encourage physical development in a safe and fun environment. Our fantastic facilities here at the woodland kingdom soft play include our Baby and Toddler Area, preschool area complete with ball pools and play frames, and school age frames complete with tunnel slide. Additional facilities include our delicious café, free Wi-Fi and wheelchair access.

	1 Child	2 Children	3 Children	4 Children	5 Children
Soft Play	£17.00	£30.60	£44.30	£57.75	£70.60

Pay as you go prices

	Adult	Junior	Family	Spike Island
Swimming	£4.20/£3.20	£2.30/£1.85	£11.85	£3.60

	Adult	Induction	Fitness program
Fitness Suite	£6.70	£11.85	£11.85

	Adult	Junior	Instructor	Induction
Climbing Wall	£6.50	£4.20	£14.95	£45.00

	AM	PM	AM & PM	Walking Bus
Sport Club	£4.70	£10.10	£13.30	£2.70

	Soft Play 6M+	Soft Play 12m+	Tiny Tots 6m+	TT additional child
Childrens Activities	£1.15	£3.40	£3.40	£2.15

	Adult	Junior	Family	Table Tennis
Sport Hall (per court)	£13.60	£9.00	£12.00	£9.30

Fitness Classes

50% off marked fitness class admissions with your DD fitness suite membership!

	Class	Time	Cost	To book contact:
Monday	Active Life	09:30-10:30	£5.00	Drop in session-no booking required julia.osfield@googlemail.com 01877 330000 www.callanderphysiotherapy.co.uk
	Julia Osfield yoga	Various times	£5-£8	
	Cycle FIT	19:00-20:00	£5.70	
	Pilates	19:00-21:00		
Tuesday	Aquacise	19:00-20:00	£5.00	Drop in session-no booking required
	Hatha Yoga	19:30-21:00	£7.20	Drop in session-no booking required
	Badminton Club	19:30-21:00		Drop in session-no booking required
Wednesday	Taekwondo	19:00-21:00		falkirktaekwondo@gmail.com
	Gyrokinesis	19:15-20:15	£12.00	Aleks - 07515886316
	Boot camp	19:00-20:00	£5.20	Drop in session-no booking required
Thursday	Aqua Therapy	09:00-10:00	£5.00	Drop in session-no booking required
	Kettlebells	19:00-19:45	£5.20	01877 330000
	Julia Osfield yoga	Various times	£5-£8	julia.osfield@googlemail.com
	Cycle FIT	19:00-20:00	£5.70	01877 330000

Junior Activities

	Class	Time	Age	To book contact:
Monday	Climbing Club(B)	16:00-17:00	P1-P7	reception@mclarenleisure.co.uk
	Climbing Club (I)	17:00-18:00	P1-P7	reception@mclarenleisure.co.uk
	Soccer School	17:00-18:00	P1-P7	reception@mclarenleisure.co.uk
	Dance Connection	16:00 - 21:00	Age 4 +	www.danceconnectiononline.co.uk
Tuesday	Music Bugs	09:30-10:30	0-4 years	roslyn@musicbugs.co.uk
	Central Athletics	19:00-20:30	Age 9 +	info@centralathletics.co.uk
	Goldray Performers	17:00-19:00	P1-P7	goldrayperformers@gmail.com
Wednesday	Trossachs Tiny Tots	09:30-11:30	0-4 years	Drop in session - no booking required
	Taekwondo	19:00-21:00	5+	falkirktaekwondo@gmail.com
	Callander Thistle	17:30-19:00	2010-2012	Callanderthistleyouthclub@gmail.com
Thursday	Climbing Club(B)	16:00-17:00	P1-P7	reception@mclarenleisure.co.uk
	Spike Island	19:30-21:00	Age 8 +	Drop in session - no booking required Users must be age 8+ & able to swim 20m unaided.
Saturday	Kiddy Kicks	09:30-10:00	2-5 years	reception@mclarenleisure.co.uk
	Kiddy Kicks	10:00-10:30	3-5 years	reception@mclarenleisure.co.uk
	Hockey	08:30-10:30	P3 +	Find us on Facebook
Sunday	Rugby Tots	09:30-10:45	2-5 years	david.grainey@rugbytots.co.uk