

Public Swimming Timetable 16.02.19 - 29.03.19

	Centre opening: Monday-Friday 07:30-21:00 (22:00 Tuesday)				Saturday-Sunday 08:00-17:00				Please see individual public session times below.			
Mon	Lane Swim 07:30-09:00	Public Swimming 09:00 -11:40			Public Swimming 13:30 - 16:00			Half Public 18:15-19:00	Public 19:00-20:00	Ladies Only 20:00-21:00	Closed	
Tues	Lane Swim 07:30-09:00	Public 09:00 - 09:45	Public Swimming 11:40-12:30			Public Swimming 13:20-16:00		Half Public 17:30-19:00	Public Swimming 19:00-22:00			
Wed	Lane Swim 07:30-09:00	Public & Aqua 09:00 - 10:00	Public Swimming 12:00-12:50		Public Swimming 13:40 - 17:00			Half Public 18:30-19:15	Public Swimming 19:15-21:00	Closed		
Thurs	Lane Swim 07:30-09:00	Public Swimming 09:00 -12:00			Public Swimming 15:20-16:00			Public Swimming 19:00-21:00			Closed	
Fri	Lane Swim 07:30-09:00	Public Swimming 11:30-15:30					Spike Island *			Closed		
Sat	Lane Swimming 08:00-10:00	Half Public 10:00-11:00	Public Swimming 11:00-17:00 **					Closed				
Sun	Lane Swimming 08:00-10:00	Public Swimming 10:00-17:00 **					Closed					

Timetable subject to change at short notice for private bookings. Please call 01877 330 000 for updates.

Sauna and steam room available at public times shown above.

*Spike Island: Friday 19:30-20:30 Primary school (8+), 20:30-21:30 High school (under 15)

All users must be aged 8-15 years and able to swim 20m without buoyancy aids or assistance.

** Pool party hire. Please note that our pool parties run sat/sun 12:00-13:00. During this time ½ of the pool will be unavailable for public swimming.

Swimming pool admissions policy



A responsible adult over the age of 16 may accompany one child under the age of four.



A responsible adult over the age of 16 may accompany two children between the ages of four and eight.



A child aged 8+ years, who is a competent swimmer, may swim unaccompanied during public sessions.