

# McLaren Leisure Timetables

## Monday 15th April - Friday 28th June



Swimming Monday	07:00-08:00 Lane Swimming	08:00-09:00 Lane Swimming	09:00 - 12:00 Primary School Swimming		12:00-13:00 Lessons & Public	13:00-15:00 Primary School Swimming		15:00-16:00 Public	16:00-19:00 Lessons			19:00-20:00 public	20:00-21:00 Lane Swimming	
Swimming Tuesday	07:30 - 08:15 Lane Swimming	08:15-09:00 Lane Swimming	09:00 - 12:00 Primary School Swimming		12:00-13:00 Public & Aquacise	13:00-15:00 Primary School Swimming		15:00-16:00 Public	16:00-19:00 Lessons			19:00-20:00 public & AquaFIT	20:00-21:00 Lane swimming	
Swimming Wednesday	07:00-08:00 Lane Swimming	08:00-09:00 Lane Swimming	09:00-11:00 Lessons & Public		11:00-12:00 Public	12:00-13:00 Public	13:00-14:00 School	14:00 - 15:00 Public	15:00 -16:00 Public	16:00-19:00 Lessons			19:00-20:00 public	20:00-21:00 Lane Swimming
Swimming Thursday	07:30 - 08:30 Lane Swimming	08:30-09:30 Lane Swimming	09:30-11:00 Public & Aquacise		11:00-12:00 Public	12:00-13:00 Public * (See note on non public dates for this session)	13:00-14:00 Public	14:00-15:00 Public	15:00-16:00 Public	16:00-17:00 Public	17:00-18:00 Public	18:00-19:00 public & SwimFIT	19:00-20:00 public	20:00-21:00 Lane Swimming
Swimming Friday	07:00-08:00 Lane Swimming	08:00-09:00 Lane Swimming	09:00-10:00 Public	10:00-11:00 Lessons & Public	11:00-12:00 Public	12:00-13:00 Public	13:00-14:00 public	14:00-15:00 Public	15:00- 16:00 Public	16:00-19:00 Lessons			19:30-20:45 Determinator *T's & C's Apply	
Swimming Saturday			09:00-10:00 Lane Swimming	10:00-11:00 public	11:00-12:00 public	12:00-13:00 public	13:00-14:30 public		15:00-16:00 public	16:30-17:30 public				
Swimming Sunday			09:00-10:00 Lane Swimming	10:00-11:00 public	11:00-12:00 public	12:00-13:00 public	13:00-14:30 public		15:00-16:00 public	16:30-17:30 public				
Soft Play Monday - Friday			09:00-11:00				12:00-14:00		15:00-18:00					
Soft Play Saturday - Sunday			09:00-10:30				11:30 - 13:00		14:00-15:30					

**PLEASE NOTE**  
\*During this timetable the Thursday 12:00-13:00 session will be available to public only on the following dates. 15th April and 23rd May - 27th June.

- SWIMMING POOL**
1. Timetables are subject to change at short notice
  2. Swimming pool ratios apply
  3. Access to deep end only during shared public swimming sessions
  4. We suggest pre booking to avoid disappointment. Bookings can be made at [www.mclarenleisure.co.uk/onlinebooking/](http://www.mclarenleisure.co.uk/onlinebooking/)
  5. The weekend 15:00 Public Swim session may be closed for private bookings. Please see online booking for availability

- POOL RATIOS**
1. A child under the age of 4 years must be accompanied by an responsible adult (one adult to one child)
  2. Children between 4 and 8 years must be accompanied by a responsible adult (one adult to two children)
  3. Competent swimmers over the age of 8 years may swim unaccompanied.
  4. Children between 8 and 14years who are attending determinator sessions must be able to swim 20meters without buoyancy aids or assistance.

- FITNESS SUITES/GYMS**
1. Timetables are subject to change at short notice
  2. Public times shown may be shared with McLaren Cycle & RigFIT classes, these times are displayed in gyms. the Shared and closed times shown are in partnership with McLaren High School.

Big Gym Mon/Wed/Fri	07:00 -21:00		Big Gym Tue/thur	07:30-21:00		Big Gym & wee Gym Sat/Sun	09:00-17:00
Wee Gym Monday	07:00-12:30 Public			12:30-13:10 Closed	13:10-21:00 Public		
Wee Gym Tuesday	07:30 - 11:40 Public				11:40-12:30 Closed	12:30 - 21:00 Public	
Wee Gym Wednesday	07:00 - 21:00 Public						
Wee Gym Thursday	07:30-08:30 Shared	08:30-21:00 Public					
Wee Gym Friday	07:00 - 21:00 Public						

Book Swim & Soft Play Online

